



## HOPE Semester Two Pace Chart Spring 2021

Week	Dates	Assignments
1	1/26-1/29 *29 <sup>th</sup> is a Teacher Planning Day	04.01 Mental Fitness
2	2/1-2/5	04.02 Healthy Relationships 04.03 Surrounded
3	2/8-2/12	04.04 Health and Technology 04.05 Personal Menu
4	2/15-2/19 *15 <sup>th</sup> Presidents Day	04.06 Module Four Wellness Plan
5	2/22-2/26	04.07 Discussion-Based Assessment
6	3/1-3/5	05.01 Drugs and Alcohol: Risks and Effects
7	3/8-3/12	05.02 Cost of Drugs
8	3/15-3/19 *17 <sup>th</sup> -19 <sup>th</sup> Spring Break	Make up as needed. Log activity for Wellness Plan
9	3/22-3/26	05.03 Alcohol 05.04 Tobacco
10	3/29-4/2	05.05 Drugs
11	4/5-4/9 *9 <sup>th</sup> Teacher Planning Day	05.06 Getting Help
12	4/12-4/16	05.07 Module Five Wellness Plan

<b>13</b>	4/19-4/23	06.01 The Weight Epidemic 06.02 Body Composition
<b>14</b>	4/26-4/30	06.03 Healthy Development and Disease
<b>15</b>	5/3-5/7	06.04 First Aid and CPR
<b>16</b>	5/10-5/14	06.05 Own Your Health
<b>17</b>	5/17-5/21	06.06 Module Six Wellness Plan 06.07 Discussion-Based Assessment
<b>18</b>	5/24-5/28	06.08 Segment Two Exam