

## Pace Guide for PE 7 - Semester 2

Start date ---> Tuesday, January 26, 2021

Target Finish Date--> Friday, May 28, 2021

Number of Assignments-->		38	
Assignment #	Assignment Due By	Assignment	Percent Complete
1	Friday, January 29, 2021	01.01 Getting Started	2.86%
2	Monday, February 01, 2021	01.02 My Fitness	5.71%
3	Thursday, February 04, 2021	01.03 Safety First	8.57%
4	Monday, February 08, 2021	01.04 Warming Up and Cooling Down	11.43%
5	Thursday, February 11, 2021	01.05 Health-Related Components of Fitness	14.29%
6	Monday, February 15, 2021	01.06 Cardiovascular Activity	17.14%
7	Wednesday, February 17, 2021	01.08 Module Activity Log	20.00%
8	Monday, February 22, 2021	02.01 Do you have Skills	22.86%
9	Tuesday, February 23, 2021	02.03 Balance and Coordination	22.86%
10	Wednesday, February 24, 2021	02.04 Power	28.57%
11	Tuesday, March 02, 2021	02.05 Body Mechanics	31.43%
12	Friday, March 05, 2021	02.08 Choreograph Your Own Dance	34.29%
13	Monday, March 08, 2021	02.08 Discussion Based Assessment	37.14%
14	Thursday, March 11, 2021	03.01 President's Challenge Goals	40.00%
15	Monday, March 15, 2021	03.02 Be a Good Sport	40.00%

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16	Tuesday, March 16, 2021	03.03 Individual and Dual Activities	40.00%
17	Monday, March 22, 2021	03.04 Rhythmic Choreography	48.57%
18	Wednesday, March 24, 2021	03.05 Team Sports	51.43%
19	Monday, March 29, 2021	03.06 Module Activity Log	55.00%
20	Wednesday March 30, 2021	04.01 Fitness Opportunities	55.00%
21	Monday, April 05, 2021	04.02 Getting to Your Goals - President's Challenge	58.00%
22	Tuesday, April 06, 2021	04.03 Peer Pressure	58.00%
23	Tuesday, April 06, 2021	04.04 Sportsmanship	64.00%
24	Tuesday, April 06, 2021	04.05 Diversity Through Sports	64.00%
25	Tuesday, April 13, 2021	04.06 Module Activity Log	67.00%
26	Thursday, April 22, 2021	04.06 Calorie Tracker Worksheet	70.00%
27	Monday, April 26, 2021	04.06 Discussion Based Assessment	77.14%
28	Monday, April 25, 2021	05.01 Health Risks	77.14%
29	Tuesday, April 27, 2021	05.02 Health Information, Products, and Services	85.00%
30	Thursday, April 29, 2021	05.03 Making Healthy Decisions	85.00%
31	Monday, May 3, 2021	05.04 Enhancing One's Health	85.00%
32	Monday, May 3, 2021	05.05 Positive and Negative Health Influences	85.00%

















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- 2 Monday, February 01, 2021
- 3 Thursday, February 04, 2021
- 4 Monday, February 08, 2021
- 5 Thursday, February 11, 2021
- 6 Monday, February 15, 2021
- 7 Wednesday, February 17, 2021
- 8 Monday, February 22, 2021