

## PE Pace Chart Segment 1 - Fall 2021 3rd grade

Week	Dates	Assignments
1	08/16 - 08/20	☐ 01.01A Safety ☐ 01.01B Safety
2	08/23 - 08/27	<ul><li>□ 01.01C Safety</li><li>□ 01.01D Safety</li><li>□ 01.01E Safety - Submit 01.01 Assignment</li></ul>
3	08/30 - 09/03	<ul> <li>01.02A Fitness Assessment 1</li> <li>01.02B Fitness Assessment 1</li> <li>01.02C Fitness Assessment 1</li> </ul>
4	09/6 – 09/10 No School Mon., Sept. 6 <sup>th</sup> Labor Day	<ul> <li>O1.02D Fitness Assessment 1 - Submit 01.02</li> <li>Assignment</li> <li>O1.03A Locomotor Movements</li> </ul>
5	09/13 - 09/17	<ul> <li>01.03B Locomotor Movements</li> <li>01.03C Locomotor Movements</li> <li>01.03D Locomotor Movements</li> </ul>
6	09/20 - 09/24	<ul> <li>01.03E Locomotor Movements - Submit 01.03         Assignment         01.04A Throwing and Catching—Project-Based Assessment         01.04B Throwing and Catching—Project-Based Assessment     </li> </ul>
7	09/27 - 10/01	<ul> <li>01.04C Throwing and Catching—Project-Based         Assessment         01.04D Throwing and Catching—Project-Based         Assessment - Submit 01.04 Assignment     </li> </ul>
8	10/4 - 10/08	<ul><li>□ 01.06 Module One Assessment</li><li>□ 02.01A Flexibility</li></ul>
9	10/11 - 10/15	<ul><li>□ 02.01B Flexibility</li><li>□ 02.01C Flexibility</li><li>□ 02.01D Flexibility</li></ul>
10	10/18 – 10/22 No School Mon., Oct. 18 <sup>th</sup> Teacher Planning Day	<ul> <li>□ 02.01E Flexibility - Submit 02.01 Assignment</li> <li>□ 02.02A Cardiovascular Health</li> <li>□ 02.02B Cardiovascular Health</li> </ul>

11	10/25 - 10/29	<ul> <li>02.02C Cardiovascular Health</li> <li>02.02D Cardiovascular Health</li> <li>02.02E Cardiovascular Health - Submit 02.02         Assignment     </li> </ul>
12	11/01 – 11/05	<ul><li>02.03A Strength</li><li>02.03B Strength</li></ul>
13	11/08 – 11/12 No School Thurs., Nov. 11 <sup>th</sup> Veterans Day	☐ 02.03C Strength ☐ 02.03D Strength
14	11/15 – 11/19	<ul> <li>02.03E Strength - Submit 02.03 Assignment</li> <li>02.04A Nutrition—Project-Based Assessment</li> </ul>
15	11/22 – 11/26 No School Wed., Nov. 24 – Fri., Nov. 26 Thanksgiving Break	<ul><li>□ 02.04B Nutrition—Project-Based Assessment</li><li>□ 02.04C Nutrition—Project-Based Assessment</li></ul>
16	11/29 - 12/03	<ul> <li>02.04D Nutrition—Project-Based Assessment</li> <li>02.04E Nutrition—Project-Based Assessment -         Submit 02.04 Assignment</li> <li>02.05A Fitness Assessment 2</li> </ul>
17	12/06 - 12/10	<ul> <li>02.05B Fitness Assessment 2</li> <li>02.05C Fitness Assessment 2 - Submit 02.05</li> <li>Assignment</li> </ul>
18	12/13 – 12/15	☐ 02.07 Module Two Assessment  All work must be completed by December 15 <sup>th</sup> .  End of Semester 1 is December 21 <sup>st</sup> .  Happy Holidays ©