

## **Anatomy & Physiology Pace Chart - Segment 1**

Week	Dates	Assignments
1	8/16 – 8/20	<ul><li>□ 01.00 Introduction to Protection and Support (Pre-Test)</li><li>□ 01.01 Introduction to Anatomy &amp; Physiology</li></ul>
2	8/23 – 8/27	☐ 01.02 Understanding Anatomy and Physiology
3	8/30 – 9/3	□ 01.03 Tissues
4	9/7 – 9/10	<ul><li>□ 01.04 Skin-The Largest Organ</li><li>□ 01.05 The Human Skeleton</li></ul>
5	9/13 – 9/17	<ul><li>□ 01.06 Bone Tissue</li><li>□ 01.07 Protection and Support DBA</li></ul>
6	9/20 – 9/24	<ul><li>□ 01.07 Protection and Support Exam</li><li>□ 02.00 Introduction to Movement (Pre-Test)</li></ul>
7	9/27 – 10/1	<ul><li>□ 02.01 Axial and Appendicular Muscles</li><li>□ 02.02 Skeletal Muscle</li></ul>
8	10/4 – 10/8	<ul><li>□ 02.03 Muscle Contraction</li><li>□ 02.04 Movement DBA</li></ul>
9	10/11 – 10/15	☐ 02.04 Movement Exam
10	10/18 – 10/22	<ul><li>03.00 Introduction to Communication and Coordination (Pre-Test)</li><li>03.01 The Nervous System</li></ul>
11	10/25 – 10/29	☐ 03.02 The Spinal Cord ☐ 03.03 The Brain
12	11/1 – 11/5	☐ 03.04 Sympathetic and Parasympathetic Nervous System

13	11/8 – 11/11	□ 03.05 Nerve Conduction
14	11/15 – 11/19	□ 03.06 Senses
15	11/22 – 11/24	□ 03.07 Endocrine System
16	11/29 – 12/3	<ul><li>□ 03.08 Communication and Coordination DBA</li><li>□ 03.08 Communication and Coordination Exam</li></ul>
17	12/6 – 12/10	☐ 03.09 Segment One Exam
18	12/13 – 12/15	☐ Floating Vacation Week – Use to accommodate any time off due to illness, travel, holiday, etc.