



**HOPE Segment 2
Semester Two Pace Chart
Spring 2022**

Week	Dates	Assignments
1	01/10- 01/14	4.01 Mental Fitness
2	01/17- 01/21 1/17 – MLK Holiday No school	4.02 Healthy Relationships 4.03 Surrounded
3	01/24 -01/28	4.04 Health and Technology 4.05 Personal Menu
4	01/31- 02/04	4.06 Module Four Wellness Plan
5	02/7- 02/11 2/7 – Teacher Inservice Day No School	4.07 Discussion Based Assessment
6	02/14 – 02/18	5.01 Drugs and Alcohol: Risks and Effects
7	02/21 – 02/25 2/21 – Presidents' Day No School	5.02 Cost of Drugs
8	02/28- 03/04	5.03 Alcohol 5.04 Tobacco
9	03/07- 03/11 3/11 – Teacher Planning Day No School	5.05 Drugs
xx	03/14- 03/18 Spring Break	5.06 Getting Help
10	03/21- 03/25	5.07 Module Five Wellness Plan
11	03/28 – 04/01	6.01 The Weight Epidemic
12	04/04 – 04/08	6.02 Body Composition 6.03 Healthy Development and Disease
13	04/11- 04/15 4/15 – Holiday No School	6.04 First Aid and CPR
14	04/18- 04/22 4/18 – Holiday No School	Catch Up Week!
15	04/25 – 04/29	6.05 Own Your Health
16	05/02- 05/06	6.06 Module Six Wellness Plan
17	05/09- 05/13	6.07 Discussion Based Assessment Complete Semester Exam
18	05/16-05/20	