



Kindergarten PE
Semester 1 Pace Chart
Fall 2022

Week	Dates	Assignments
0	08/10 - 08/12	<ul style="list-style-type: none"> Welcome Call on Zoom Physical Education B.E.S.T Standards
1	08/16 - 08/19	01.01A Safety 01.01B Safety
2	08/22 - 08/26	01.01C Safety 01.01D Safety 01.01E Safety
3	08/29 - 09/02	01.02A Fitness Assessment 1 01.02B Fitness Assessment 1 01.02C Fitness Assessment 1
4	09/05 - 09/09 09/05 No School - Labor Day	01.02D Fitness Assessment 1 01.02E Fitness Assessment 1 01.03A Locomotor Movement
5	09/12 - 09/16	01.03B Locomotor Movement 01.03C Locomotor Movement 01.03D Locomotor Movement
6	09/19 - 09/23	01.03E Locomotor Movement 01.04A Throwing And Catching—Project-Based Assessment 01.04B Throwing And Catching—Project-Based Assessment
7	09/26 - 09/30	01.04C Throwing And Catching—Project-Based Assessment 01.04D Throwing And Catching—Project-Based Assessment 01.04E Throwing And Catching—Project-Based Assessment
8	10/03 - 10/07	01.05 Module One Review and Discussion-Based Assessment (DBA) *Use the "Bookings App" to sign up for a time to meet your teacher on Zoom for this DBA 01.06 Module One Assessment 02.01A Flexibility
9	10/10 - 10/14	02.01B Flexibility 02.01C Flexibility 02.01D Flexibility
10	10/17 - 10/21 10/17 - No School Teacher Planning	02.01E Flexibility 02.02A Cardiovascular Health 02.01D Flexibility
11	10/24 - 10/28	02.01E Flexibility 02.02A Cardiovascular Health 02.02E Cardiovascular Health
12	10/31 - 11/04	02.03A Strength 02.03B Strength 02.03C Strength
13	11/07 - 11/11 11/11 - No School Veterans Day	02.03D Strength 02.03E Strength 02.04A Nutrition—Project-Based Assessment

14	11/14 - 11/18	02.04B Nutrition—Project-Based Assessment 02.04C Nutrition—Project-Based Assessment 02.04D Nutrition—Project-Based Assessment
15	11/21 - 11/25 11/23 - 11/25 No School Thanksgiving	*Use this week to catch up on the pace chart or to do extra practice with difficult skills
16	11/28 - 12/02	02.05A Fitness Assessment 2 02.05B Fitness Assessment 2 02.05C Fitness Assessment 2
17	12/05 - 12/09	02.05D Fitness Assessment 2 02.05E Fitness Assessment 2 02.07 Module Two Assessment
18	12/12 - 12/16	*Use this week to catch up on the pace chart or to do extra practice with difficult skills