



Grade 4 PE Semester 1 Pace Chart Fall 2022

Week	Dates	Assignments
	08/10 – 08/12	Schedule and Complete Welcome Call Review the <i>Getting Started</i> Resources in your course
1	08/15 – 08/19	01.01A Safety Module 1 Standards 01.01B Safety
2	08/22 – 08/26	01.01C Safety 01.01D Safety 01.01E Safety
3	08/29 – 09/02	01.02A Fitness Assessment 1 01.02B Fitness Assessment 1 01.02C Fitness Assessment 1
4	09/05 – 09/09 09/05 No School – Labor Day	01.02D Fitness Assessment 1 01.02E Fitness Assessment 1 01.03A Locomotor Movements
5	09/12 – 09/16	01.03C Locomotor Movements 01.03D Locomotor Movements 01.04A Throwing and Catching—Project-Based Assessment
6	09/19 – 09/23	01.04B Throwing and Catching—Project-Based Assessment 01.04C Throwing and Catching—Project-Based Assessment 01.04D Throwing and Catching—Project-Based Assessment
7	09/26 – 09/30	01.05 Module One Review Only-No DBA Required 01.06 Module One Assessment
8	10/03 – 10/07	02.01A Flexibility Module 2 Standards 02.01B Flexibility 02.01C Flexibility
9	10/10 – 10/14	02.01D Flexibility 02.01E Flexibility 02.02A Cardiovascular Health 02.02B Cardiovascular Health
10	10/17 – 10/21 10/17 – No School Teacher Planning	02.02C Cardiovascular Health 02.02D Cardiovascular Health 02.02E Cardiovascular Health 02.03A Strength
11	10/24 – 10/28	02.03B Strength 02.03C Strength 02.03D Strength
12	10/31 – 11/04	02.03E Strength 02.04A Nutrition—Project-Based Assessment 02.04B Nutrition—Project-Based Assessment
13	11/07 – 11/11 11/11 – No School Veterans Day	02.04C Nutrition—Project-Based Assessment 02.04D Nutrition—Project-Based Assessment 02.04E Nutrition—Project-Based Assessment

14	11/14 – 11/18	02.05A Fitness Assessment 2 02.05B Fitness Assessment 2 02.05C Fitness Assessment 2
15	11/21 – 11/25 11/23 – 11/25 No School Thanksgiving	No Assignments Due Use this week to catch up on any past due work
16	11/28 – 12/02	02.06 Module Two Review and Discussion-Based Assessment
17	12/05 – 12/09	02.07 Module Two Assessment
18	12/12 – 12/16	Complete all segment 1 course work by 12/16. Semester 1 officially ends on 12/21