



Physical Education Grade 8 Semester 1 Pace Chart Fall 2022

Live Lesson Times – Friday, 1:00PM

Week	Dates	Assignments
0	08/10 – 08/12	Welcome Call via Zoom or phone
1	08/16 – 08/19	1.02 My Fitness
2	08/22 – 08/26	1.03 Safety First
3	08/29 – 09/02	1.06 Cardiovascular Activity 1.07 Heart Rate Worksheet
4	09/05 – 09/09 09/05 No School – Labor Day	1.08 Module Activity Log 2.02 Show & Explain Striking
5	09/12 – 09/16	2.04 Skill Test
6	09/19 – 09/23	2.05 Sports Report 2.06 Play by the Rules
7	09/26 – 09/30	2.08 Module Activity Log 2.08 Discussion Based Assessment Join the live lesson on Friday at 1:00PM for your Module 2 DBA!
8	10/03 – 10/07	3.01 Playing with Others No Live Lesson
9	10/10 – 10/14	3.05 Team Sports
10	10/17 – 10/21 10/17 – No School Teacher Planning	3.06 Module Activity Log
11	10/24 – 10/28	4.02 Getting to Your Goals
12	10/31 – 11/04	4.04 Sportsmanship No Live Lesson
13	11/07 – 11/11 11/11 – No School Veterans Day	4.06 Module Activity Log No Live Lesson
14	11/14 – 11/18	4.06 Calorie Tracker Worksheet 4.06 Discussion Based Assessment Join the live lesson on Friday at 1:00PM for your Module 4 DBA!
15	11/21 – 11/25 11/23 – 11/25 No School Thanksgiving	No live lessons this week! No work due during this week! Please use this time to get caught up on your schoolwork. Enjoy your break with your family!
16	11/28 – 12/02	5.02 Project Milestone
17	12/05 – 12/09	5.06 Health Project 5.06 Discussion Based Assessment
18	12/12 – 12/16	Complete the semester exam for your course! This should be the only thing the student needs to do on this week!