



HOPE
Semester 2 Pace Chart
Fall 2022
Zoom Class Times: Friday 12:30

Week	Dates	Assignments
1	08/10 – 08/12	o Welcome Assignment (Submit to First Enrichment Assessment)
2	08/15 – 08/19	Homeroom Meeting, Monday, 8/15 at 9:00AM 4.01 Mental Fitness
3	08/22 – 08/26	4.02 Healthy Relationships 4.03 Surrounded
4	08/29 – 09/02	4.04 Health and Technology
5	09/05 – 09/09 09/05 No School – Labor Day	<i>No more than 3 assignments due on holiday weeks.</i> 4.05 Personal Menu
6	09/12 – 09/16	4.06 Module Four Wellness Plan
7	09/19 – 09/23	4.07 DBA
8	09/26 – 09/30	5.01 Drugs and Alcohol: Risks and Effects
9	10/03 – 10/07	5.02 Cost of Drugs
10	10/10 – 10/14	5.03 Alcohol 5.04 Tobacco
11	10/17 – 10/21 10/17 – No School Teacher Planning	<i>No more than 3 assignments due on holiday weeks.</i> 5.05 Drugs 5.06 Getting Help
12	10/24 – 10/28	5.07 Module Five Wellness Plan
13	10/31 – 11/04	6..01 The Weight Epidemic
14	11/07 – 11/11 11/11 – No School Veterans Day	<i>No more than 3 assignments due on holiday weeks.</i> 6.02 Body Composition 6.03 Healthy Development and Disease
15	11/14 – 11/18	6.04 First Aid and CPR
16	11/21 – 11/25 11/23 – 11/25 No School Thanksgiving	No live lessons and no new assignments due. Use this week to catch-up if needed or work ahead.
17	11/28 – 12/02	6.05 Own Your Health 6.06 Module 6 Wellness Plan
18	12/05 – 12/09	6.07 DBA
19	12/12 – 12/16	Segment Exams No Zoom Class Time this week.