

PE Grade 5 Pace Chart Fall 2022 <u>PE Standards</u>

Week	Dates	Lessons
0	08/10 - 08/12	 Welcome Call and Onboarding Getting Started and Welcome Folder from Courses
1	08/15 - 08/19	 01.01 A Safety 01.01 B Safety 01.01 C Safety
2	08/22 – 08/26	O1.01D SafetyO1.01E Safety
3	08/29 – 09/02	 01.02A Fitness Assessment 1 01.02B Fitness Assessment 1 01.02C Fitness Assessment 1
4	09/05 – 09/09 <mark>09/05 No School – Labor Day</mark>	 01.02D Fitness Assessment 1 01.02E Fitness Assessment 1 01.03A Locomotor Movement 01.03B Locomotor Movement
5	09/12 – 09/16	 01.03C Locomotor Movement 01.04A Throwing and Catching—Project-Based Assessment 01.04B Throwing and Catching—Project-Based Assessment
6	09/19 – 09/23	 O1.04C Throwing and Catching—Project-Based Assessment O1.04D Throwing and Catching—Project-Based Assessment
7	09/26 – 09/30	 01.04E Throwing and Catching—Project-Based Assessment 01.05 Module One Review and Discussion- Based Assessment 01.06 Module One Assessment
8	10/03 – 10/07	 O2.01 A Flexibility O2.01 B Flexibility O2.01 C Flexibility
9	10/10 - 10/14	 O2.01 D Flexibility O2.01 E Flexibility O2.02A Cardiovascular Health O2.02B Cardiovascular Health

10	10/17 – 10/21 <mark>10/17 – No School Teacher</mark> <mark>Planning</mark>	 O2.02C Cardiovascular Health O2.02D Cardiovascular Health O2.02E Cardiovascular Health
11	10/24 – 10/28	 O2.03A Strength O2.03B Strength O2.03C Strength
12	10/31 – 11/04	O2.03D StrengthO2.03E Strength
13	11/07 – 11/11 <mark>11/11 – No School Veterans Day</mark>	 O2.04A Nutrition—Project-Based Assessment O2.04B Nutrition—Project-Based Assessment
14	11/14 – 11/18	 O2.04C Nutrition—Project-Based Assessment O2.04D Nutrition—Project-Based Assessment O2.05A Fitness Assessment 2
15	11/21 – 11/25 <mark>11/23 – 11/25 No School</mark> <mark>Thanksgiving</mark>	No work due. Happy Thanksgiving! 😂
16	11/28 – 12/02	 O2.05B Fitness Assessment 2 O2.05C Fitness Assessment 2 O2.05D Fitness Assessment 2
17	12/05 – 12/09	02.07 Module Two Assessment
18	12/12 - 12/16	All work must be completed by December 16 th . Happy Holidays!

• All Pretests, Reflection, Enrichment, Collaboration, and Touchpoint Assignments are exempt (grayed out on your gradebook).

• Refer to your pace chart and DBA Chart to see which DBAs are required for segment 1. All others are exempt.