




HOPE with Dr. Nagel
Segment 2: Spring 2022
DBA: Open Office Hours Friday 9-10am or by Appointment

Week	Dates	Assignments
0	Jan 5th-6th	 Welcome Back!
1	Jan 9-13	04.01 Mental Fitness 04.02 Healthy Relationships
2	Jan 16-20 MLK Day-No school 1/16/23	04.03 Surrounded 04.04 Health and Technology
3	Jan 23-27	04.05 Personal Menu
4	Jan 30-Feb 3	04.06 Module Four Wellness Plan
5	Feb 6-10	04.07 Discussion-Based Assessment: You MUST contact me before continuing in the course.
6	Feb 13-17	05.01 Drugs and Alcohol: Risks and Effects 05.02 Cost of Drugs
7	Feb 20-24 Presidents Day 2/20/23 No School	05.03 Alcohol 05.04 Tobacco
8	Feb 27-March 3	05.05 Drugs
9	March 6-10 End of 3rd quarter Teacher planning 3/10/23	05.06 Getting Help 05.07 Module Five Wellness Plan

	March 13-17	 Spring Break~
10	March 20-24	06.01 The Weight Epidemic 06.02 Body Composition
11	March 27-31	06.03 Healthy Development and Disease
12	April 3-7 April 7 No School	06.04 First Aid and CPR
13	April 10-14 April 10 No School	06.05 Own Your Health
14	April 17-21	06.06 Module Six Wellness Plan
15	April 24-28	06.07 Discussion-Based Assessment 06.08 Segment Two Exam
16	May 1-5	Complete any work not done yet. Grades must be submitted to schools during this week!
17	May 8-12	 Summer!!!