



HOPE Semester 2 Pace Chart Fall 2023

Week	Dates	Assignments
0	08/10 – 08/11	<ul style="list-style-type: none"> Welcome Calls
1	08/14 – 08/18	<ul style="list-style-type: none"> 04.01 Mental Fitness
2	08/21 – 08/25	<ul style="list-style-type: none"> 04.02 Healthy Relationships 04.03 Surrounded
3	08/28 – 09/01	<ul style="list-style-type: none"> 04.04 Health and Technology
4	09/05 – 09/08 09/04 No School – Labor Day	<ul style="list-style-type: none"> 04.05 Personal Menu
5	09/11 – 09/15	<ul style="list-style-type: none"> 04.06 Module Four Wellness Plan
6	09/18 – 09/22	<ul style="list-style-type: none"> 04.07 Discussion-Based Assessment
7	09/25 – 09/29	<ul style="list-style-type: none"> 05.01 Drugs and Alcohol: Risks and Effects 05.02 Cost of Drugs
8	10/02 – 10/06	<ul style="list-style-type: none"> 05.03 Alcohol 05.04 Tobacco
9	10/09 – 10/13	<ul style="list-style-type: none"> 05.05 Drugs 05.06 Getting Help
10	10/17 – 10/20 10/16 – No School Teacher Planning	<ul style="list-style-type: none"> 05.07 Module Five Wellness Plan
11	10/23 – 10/27	<ul style="list-style-type: none"> 06.01 The Weight Epidemic 06.02 Body Composition
12	10/30 – 11/03	<ul style="list-style-type: none"> 06.03 Healthy Development and Disease
13	11/06 – 11/09 11/10 – No School Veterans Day	<ul style="list-style-type: none"> 06.04 First Aid and CPR
14	11/13 – 11/17	<ul style="list-style-type: none"> 06.05 Own Your Health 06.05 Own Your Health Fitness Video
15	11/20 – 11/21 11/22 – 11/24 No School - Thanksgiving	<ul style="list-style-type: none"> No new assignments due. Use this week to catch-up if needed or work ahead.
16	11/27 – 12/01	<ul style="list-style-type: none"> 06.06 Module Six Wellness Plan
17	12/04 – 12/08	<ul style="list-style-type: none"> 06.07 Discussion-Based Assessment
18	12/11 – 12/15	<ul style="list-style-type: none"> 06.08 Segment Two Exam