



## HOPE Segment 2 Semester 2 Pace Chart Spring 2024

Week	Dates	
1	1/8 – 1/12	Text your teacher with your first and last name and the course you enrolled in (Get organized and print your wellness plans:)
2	1/15 – 1/19 No school on 1/15	04.01 Mental Fitness 04.02 Healthy Relationships
3	1/22 – 1/26	04.03 Surrounded 04.04 Health and Technology
4	1/29 – 2/2	04.05 Personal Menu
5	2/5 – 2/9	04.06 Module Four Wellness Plan
6	2/12 – 2/16	04.07 Discussion-Based Assessment: You MUST contact the teacher before continuing in the course.
7	2/19 – 2/23 No school on 2/19	05.01 Drugs and Alcohol: Risks and Effects 05.02 Cost of Drugs
8	2/26 – 3/1	05.03 Alcohol 05.04 Tobacco
9	3/4 – 3/8	05.05 Drugs
10	3/11 – 3/15 Spring Break	No live lessons this week. No work due this week.
11	3/18 – 3/22 No school on 3/18	05.06 Getting Help 05.07 Module Five Wellness Plan
12	3/25 – 3/29 No school on 3/29	06.01 The Weight Epidemic 06.02 Body Composition
13	4/1 – 4/5	06.03 Healthy Development and Disease
14	4/8 – 4/12	06.04 First Aid and CPR
15	4/15 – 4/19 No school on 4/19	06.05 Own Your Health
16	4/22 – 4/26	06.06 Module Six Wellness Plan
17	4/29 – 5/3	06.07 Discussion-Based Assessment 06.08 Segment Two Exam
18	5/6 – 5/10	All course work and semester exams due by May 10 <sup>th</sup> .