

Third Grade Physical Education Semester 1 Pace Chart Fall 2024

Week	Dates	Assignments
1	8/12 - 8/16	 <u>Schedule Welcome Call in Bookings</u>
		 Complete IXL Diagnostic Assessment (Reading and Math)
2	9/10 - 8/23	 01.01A Safety
		o 01.01B Safety
3	8/26 – 8/30	 01.01C Safety
		 01.01D Safety
		 01.01E Safety- graded assignment due
4	9/2 - 9/6	 01.02A Fitness Assessment 1
	No School on 9/2	 01.02B Fitness Assessment 1
		 01.02C Fitness Assessment 1
5	9/9 – 9/13	 01.02D Fitness Assessment 1- graded assignment due
		 01.03A Locomotor Movements
		 01.03B Locomotor Movements
6	9/16 - 9/20	 01.03C Locomotor Movements
	No school 9/20	 01.03D Locomotor Movements
7	9/23 – 9/27	 01.03E Locomotor Movements- graded assignment due
		 01.04A Throwing/Catching—Project-Based Assessment
		 01.04B Throwing and Catching—PBA
8	9/30 - 10/4	 01.04C Throwing and Catching—PBA
0		 01.04D Throwing and Catching—PBA graded assignment due
9	10/7 – 10/11	01.05 Module One Review and DBA
		 01.06 Module One Assessment
		 02.01A Flexibility
10	10/14 - 10/18	 02.01B Flexibility
	No school 10/14	 02.01C Flexibility
	10/21 – 10/25	 02.01D Flexibility
	-0,0,-0	 O2.01E Flexibility- graded assignment due
11		 02.02A Cardiovascular Health
		 02.02B Cardiovascular Health
	10/28 - 11/1	 02.02C Cardiovascular Health
12	10,20 11,1	 02.02D Cardiovascular Health
		 02.02E Cardiovascular Health- graded assignment due

		 02.03A Strength 	
13	11/4 - 11/8	 02.03B Strength 	
		 02.03C Strength 	
		 02.03D Strength 	
		 02.03E Strength- graded assignment due 	
14	11/11 – 11/15	 02.04A Nutrition—Project-Based Assessment 	
	No school on	 02.04B Nutrition—Project-Based Assessment 	
	11/11	 02.04C Nutrition—Project-Based Assessment 	
15	11/18 – 11/22	 02.04D Nutrition—Project-Based Assessment 	
		 02.04E Nutrition—Project-Based Assessment- graded 	
		assign. due	
		 02.05A Fitness Assessment 2 	
16	11/25 – 11/29	No work due.	
		Happy Thanksgiving!!	
17	12/2 - 12/6	 02.05B Fitness Assessment 2 	
		 02.05C Fitness Assessment 2- graded assignment due 	
18	12/9 – 12/13	O 02.06 Module Two Review and DBA	
		 02.07 Module Two Assessment 	
All work must be completed			
and submitted by December 13.			
Happy Holidays!!			

<u>NOTES</u>

• All Pretests, Reflection, Enrichment, and Collaboration assignments are exempt (grayed out in your gradebook).

• Refer to the pace chart above to see which DBAs and LSAs are required for this segment (highlighted in yellow). All other DBAs are exempt.