

5th Grade PE Semester 1 Pace Chart Fall 2024

Week	Dates	Assignments
1	8/12 – 8/16	 Welcome Calls Getting Started and Welcome Folder from Courses
2	9/10 – 8/23	1.01A Safety1.01B Safety1.01C Safety
3	8/26 – 8/30	 1.01D Safety 1.01E Safety- graded assignment
4	9/2 – 9/6 No School on 9/2	 1.02A Fitness Assessment 1 1.02B Fitness Assessment 1 1.02C Fitness Assessment 1
5	9/9 – 9/13	 1.02D Fitness Assessment 1 1.02E Fitness Assessment 1- graded assignment 1.03A Locomotor Movement 1.03B Locomotor Movement
6	9/16 – 9/20 No school on 9/20	 1.03C Locomotor Movement- graded assignment 1.04A Throwing and Catching – Project-Based Assessment 1.04B Throwing and Catching – Project-Based Assessment
7	9/23 – 9/27	 1.04C Throwing and Catching – Project-Based Assessment 1.04D Throwing and Catching – Project-Based Assessment
8	9/30 – 10/4	 1.04E Throwing and Catching – Project-Based Assessment- graded assignment 1.05 Module One Review and Discussion-Based Assessment 1.06 Module One Assessment
9	10/7 – 10/11	 2.01A Flexibility 2.01B Flexibility 2.01C Flexibility

10	10/14 – 10/18	• 2.01D Flexibility
	No school on 10/14	 2.01E Flexibility- graded assignment
		 2.02A Cardiovascular Health
		 2.02B Cardiovascular Health
11	10/21 – 10/25	 2.02C Cardiovascular Health
		 2.02D Cardiovascular Health
		 2.02E Cardiovascular Health- graded assignment
12	10/28 – 11/1	• 2.03A Strength
		• 2.03B Strength
		• 2.03C Strength
13	11/4 – 11/8	2.03D Strength
		 2.03E Strength- graded assignment
14	11/11 – 11/15	 2.04A – NutritionProject Based Assessment
	No school on 11/11	 2.04B – NutritionProject Based Assessment
15	11/18 – 11/22	 2.04C – Nutrition-Project Based Assessment
		 2.04D – Nutrition-Project Based Assessment- graded
		assignment
		 2.05A Fitness Assessment 2
16	11/25 – 11/29	No work due.
		Happy Thanksgiving!!
17	12/2 – 12/6	2.05B Fitness Assessment 2
		 2.05C Fitness Assessment 2
18	12/9 – 12/13	2.05D Fitness Assessment 2- graded assignment
		 2.07 Module Two Assessment
All work must be completed		

All work must be completed and submitted by December 13. Happy Holidays!!

- All Pretests, Reflection, Enrichment, Collaboration, and Touchpoint Assignments are exempt (grayed out on your gradebook).
- Refer to your pace chart to see which DBAs are required for Segment 1. All others are exempt.