



1st Grade PE
Segment 1 Pace Chart
Fall 2024
Open Office 9:30am and 1:30pm M-Th
Friday 9-10 am

Week	Dates	Assignments
1	8/12 – 8/16	<ul style="list-style-type: none"> o Welcome Call o CourseStandards
2	9/10 – 8/23	<ul style="list-style-type: none"> <input type="checkbox"/> 01.01 Safety Part A <input type="checkbox"/> 01.01 Safety Part B
3	8/26 – 8/30	<ul style="list-style-type: none"> <input type="checkbox"/> 01.01 Safety Part C <input type="checkbox"/> 01.01 Safety Part D <input type="checkbox"/> 01.01 Safety Part E
4	9/2 – 9/6 <i>No school on 9/2</i>	<ul style="list-style-type: none"> <input type="checkbox"/> 01.02 Fitness Assessment 1 Part A <input type="checkbox"/> 01.02 Fitness Assessment 1 Part B <input type="checkbox"/> 01.02 Fitness Assessment 1 Part C <input type="checkbox"/> 01.02 Fitness Assessment 1 Part D
5	9/9 – 9/13	<ul style="list-style-type: none"> <input type="checkbox"/> 01.03 Locomotor Movements Part A <input type="checkbox"/> 01.03 Locomotor Movements Part B
6	9/16 – 9/20 <i>No school on 9/20</i>	<ul style="list-style-type: none"> <input type="checkbox"/> 01.03 Locomotor Movements Part C <input type="checkbox"/> 01.03 Locomotor Movements Part D <input type="checkbox"/> 01.03 Locomotor Movements Part E
7	9/23 – 9/27 Mrs. King out of office 9/26-10/02	<ul style="list-style-type: none"> <input type="checkbox"/> 01.04 Throwing and Catching—Project-Based Assessment Part A <input type="checkbox"/> 01.04 Throwing and Catching—Project-Based Assessment Part B <input type="checkbox"/> 01.04 Throwing and Catching—Project-Based Assessment Part C
8	9/30 – 10/4	<ul style="list-style-type: none"> <input type="checkbox"/> 01.04 Throwing and Catching—Project-Based Assessment Part D <input type="checkbox"/> 01.05 Module One Review and Discussion-Based Assessment <input type="checkbox"/> 01.06 Module One Assessment
9	10/7 – 10/11	<ul style="list-style-type: none"> <input type="checkbox"/> 02.01 Flexibility Part A <input type="checkbox"/> 02.01 Flexibility Part B
10	10/14 – 10/18	<ul style="list-style-type: none"> <input type="checkbox"/> 02.01 Flexibility Part C <input type="checkbox"/> 02.01 Flexibility Part D <input type="checkbox"/> 02.01 Flexibility Part E

	No school on 10/14	
11	10/21 – 10/25	<input type="checkbox"/> 02.02 Cardiovascular Health Part A <input type="checkbox"/> 02.02 Cardiovascular Health Part B <input type="checkbox"/> 02.02 Cardiovascular Health Part C
12	10/28 – 11/1	<input type="checkbox"/> 02.02 Cardiovascular Health Part D <input type="checkbox"/> 02.02 Cardiovascular Health Part E <input type="checkbox"/> 02.03 Strength Part A
13	11/4 – 11/8	<input type="checkbox"/> 02.03 Strength Part B <input type="checkbox"/> 02.03 Strength Part C <input type="checkbox"/> 02.03 Strength Part D
14	11/11 – 11/15 <i>No school on 11/11</i>	<input type="checkbox"/> 02.03 Strength Part E <input type="checkbox"/> 02.04 Nutrition—Project-Based Assessment Part A
15	11/18 – 11/22	<input type="checkbox"/> 02.04 Nutrition—Project-Based Assessment Part B <input type="checkbox"/> 02.04 Nutrition—Project-Based Assessment Part C <input type="checkbox"/> 02.04 Nutrition—Project-Based Assessment Part D
16	11/25 – 11/29	<p>Thanksgiving Break</p> <p>There will be no live lessons or work due this week. Please use this time to catch up on your course work if you are behind pace.</p>
17	12/2 – 12/6	<input type="checkbox"/> 02.05 Fitness Assessment 2 Part A <input type="checkbox"/> 02.05 Fitness Assessment 2 Part B
18	12/9 – 12/13	<input type="checkbox"/> 02.05 Fitness Assessment 2 Part C <input type="checkbox"/> 02.05 Fitness Assessment 2 Part D <input type="checkbox"/> 02.07 Module Two Assessment All work must be submitted by 12/13/24