



**Kindergarten PE**  
**Segment 1 Pace Chart Fall 2024**  
**Open Office 9:30 am & 1:30 pm M-Th**  
**Friday 9-10 am**

Week	Dates	Assignments
<b>1</b>	8/12 – 8/16	<ul style="list-style-type: none"> <li>• Welcome Call on Zoom</li> <li>• <a href="#">Physical Education B.E.S.T Standards</a></li> </ul>
<b>2</b>	9/10 – 8/23	01.01A Safety 01.01B Safety 01.01C Safety
<b>3</b>	8/26 – 8/30	01.01D Safety 01.01E Safety 01.02A Fitness Assessment 1
<b>4</b>	9/2 – 9/6 <i>No school on 9/2</i>	01.02B Fitness Assessment 1 01.02C Fitness Assessment 1 01.02D Fitness Assessment 1
<b>5</b>	<i>9/9 – 9/13</i>	01.02E Fitness Assessment 1 01.03A Locomotor Movement 01.03B Locomotor Movement
<b>6</b>	9/16 – 9/20 <i>No school on 9/20</i>	01.03C Locomotor Movement 01.03D Locomotor Movement 01.03E Locomotor Movement
<b>7</b>	9/23 – 9/27 <i>Mrs. King out of office 9/26-10/2</i>	01.04A Throwing And Catching—Project-Based Assessment 01.04B Throwing And Catching—Project-Based Assessment 01.04C Throwing And Catching—Project-Based Assessment
<b>8</b>	9/30 – 10/4	01.04D Throwing And Catching—Project-Based Assessment 01.04E Throwing And Catching—Project-Based Assessment <b>01.05 Module One Review and Discussion-Based Assessment (DBA)</b> <b>(Sign up for a day and time on the bottom of the course Home page)</b> 01.06 Module One Assessment
<b>9</b>	10/7 – 10/11	02.01A Flexibility 02.01B Flexibility 02.01C Flexibility
<b>10</b>	10/14 – 10/18	02.01D Flexibility 02.01E Flexibility

	<b>No school on 10/14</b>	
<b>11</b>	10/21 – 10/25	02.02A Cardiovascular Health 02.02E Cardiovascular Health
<b>12</b>	10/28 – 11/1	02.02E Cardiovascular Health 02.03A Strength 02.03B Strength
<b>13</b>	11/4 – 11/8	02.03C Strength 02.03D Strength 02.03E Strength
<b>14</b>	11/11 – 11/15  <i>No school on 11/11</i>	02.04A Nutrition—Project-Based Assessment 02.04B Nutrition—Project-Based Assessment
<b>15</b>	<b>11/18 – 11/22</b>	02.04C Nutrition—Project-Based Assessment 02.04D Nutrition—Project-Based Assessment 02.05A Fitness Assessment 2
<b>16</b>	11/25 – 11/29	<b>Thanksgiving Break</b> There will be no live lessons or work due this week. Please use this time to catch up on your course work if you are behind pace.
<b>17</b>	12/2 – 12/6	02.05B Fitness Assessment 2 02.05C Fitness Assessment 2 02.05D Fitness Assessment 2
<b>18</b>	12/9 – 12/13	02.05E Fitness Assessment 2 02.07 Module Two Assessment All work must be completed by 12/13/24