



Comprehensive PE Grade 6/7 V24
Semester 1 Pace Chart
Fall 2024
Open Office: 9:30am & 1:30 pm M-Th
9-10 am Friday

[Mrs. King Zoom](#)

[904-257-3481 call/text](tel:904-257-3481)

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Week	Dates	Assignments
1	8/12 – 8/16	<input type="checkbox"/> 0% <input type="checkbox"/> Welcome Online Session: ZOOM classroom on Tuesday 2:30 pm <input type="checkbox"/> Text your teacher your first and last name and your course name & save teacher contact information on your phone.
2	9/10 – 8/23	<input type="checkbox"/> 7% <input type="checkbox"/> 01.01 Proceed With Caution
3	8/26 – 8/30	<input type="checkbox"/> 14% <input type="checkbox"/> 01.02 Get Ready For Action <input type="checkbox"/> 01.03 Put Your Heart In It
4	9/2 – 9/6 <i>No school on 9/2</i>	<input type="checkbox"/> 18% <input type="checkbox"/> 01.04 The Right Training
5	9/9 – 9/13	<input type="checkbox"/> 25% <input type="checkbox"/> 01.05 Game Prep Exam

6	9/16 – 9/20 <i>No school on 9/20</i>	<input type="checkbox"/> 29% <input type="checkbox"/> 02.01 Goal For It <input type="checkbox"/> 02.02 Cardio and Flexibility
7	9/23 – 9/27 <i>Mrs. King out of office 9/26-10/2</i>	<input type="checkbox"/> 36% <input type="checkbox"/> 02.03 Muscular Strength and Endurance
8	9/30 – 10/4	<input type="checkbox"/> 43% <input type="checkbox"/> 02.03 Peer Influence
9	10/7 – 10/11	<input type="checkbox"/> 50% <input type="checkbox"/> 02.04 Body Composition and Energy Balance
10	10/14 – 10/18 <i>No school on 10/14</i>	<input type="checkbox"/> 54% <input type="checkbox"/> 02.05 Developing Your Fit Discussion-Based Assessment Schedule Required Appointment <input type="checkbox"/> 02.06 Developing Your Fit Project
11	10/21 – 10/25	<input type="checkbox"/> 61% <input type="checkbox"/> 03.01 Be a Team Player
12	10/28 – 11/1	<input type="checkbox"/> 68% <input type="checkbox"/> 03.02 Offense vs. Defense
13	11/4 – 11/8	<input type="checkbox"/> 75% <input type="checkbox"/> 03.03 Build Your Skills <input type="checkbox"/> 03.04 Level Up
14	11/11 – 11/15 <i>No school on 11/11</i>	<input type="checkbox"/> 79% <input type="checkbox"/> 03.05 Teamwork! Exam
15	11/18 – 11/22	<input type="checkbox"/> 86%

		<input type="checkbox"/> 04.01 Going Solo <input type="checkbox"/> 04.02 Let's Get Moving
16	11/25 – 11/29	<input type="checkbox"/> THANKSGIVING: No live lessons this week. No work due this week.
17	12/2 – 12/6	<input type="checkbox"/> 93% <input type="checkbox"/> 04.03 Opportunity Is Everywhere <input type="checkbox"/> 04.04 Making Moves Discussion-Based Assessment Schedule Required Appointment
18	12/9 – 12/13	<input type="checkbox"/> 100% <input type="checkbox"/> 04.05 Segment Exam All course work is due by December 13th!