

HOPE Segment 2 Spring

Mrs. King, Spring 2025
Open Office 9:30 am & 4:30 pm M-Th
9:00-10:00 am Friday

Mrs. King 8am-8pm M-F Kathleen.king@stjohns.k12.fl.us 904-257-3481 ZOOM link

Week	Dates	Assignments
0	1/6 – 1/10	New students complete your Welcome Call &
		text your teacher with your first and last name & course
1	1/13 – 1/17	04.01 Mental Fitness: Lesson & quiz
2	1/20 – 1/24	04.02 Healthy Relationships: Lesson & quiz
	No school on 1/20	24.22.5
3	1/27 – 1/31	04.03 Surrounded: Lesson & quiz 04.04 Health and Technology: Lesson & quiz
4	2/3 – 2/7	04.05 Personal Menu: Lesson & document
5	2/10 – 2/14	04.06 Module Four Wellness Plan: Lesson & document
	No school on 2/14	04.07 Discussion-Based Assessment: Talk to Mrs. King
6	2/17 -2/21	05.01 Drugs and Alcohol: Risks and Effects: Lesson & quiz
	No school on 2/17	
7	2/24 – 2/28	05.02 Cost of Drugs: Lesson & quiz
8	3/3 – 3/7	05.03 Alcohol: Lesson & quiz 05.04 Tobacco: Lesson & quiz
9	3/10 – 3/14	05.05 Drugs: Lesson & quiz
	No school on 3/14	*Seniors check Pace for May 2nd completion date!
10	3/17 – 3/21	Spring Break
11	3/24 – 3/28	05.06 Getting Help: Lesson & quiz
12	3/31 – 4/4	05.07 Module Five Wellness Plan: Lesson & document
13	4/7 – 4/11	06.01 The Weight Epidemic: Lesson & quiz 06.02 Body Composition: Lesson & quiz
14	4/14 – 4/18	06.03 Healthy Development and Disease: Lesson & quiz
	No school on 4/18	06.04 First Aid and CPR: Lesson & video/CPR card
15	4/21 – 4/25	06.05 Own Your Health: Lesson & video
16	<mark>4/28 – 5/2</mark>	06.06 Module Six Wellness Plan: Lesson & document 06.07 Discussion-Based Assessment: Talk with Mrs. King
		All Seg 1 & 2 coursework due for Seniors by 5/2 (including
		segment exams)
17	5/5 – 5/9	06.08 Segment Two Exam
		All coursework due by 5/9 (including segment exam)
18	5/12 – 5/16	Grades should be issued to school

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