



PE 7 /8 V25 Semester 1 Pace Chart

Fall 2025

Please text for assistance 8am-8pm M-F*

*except school holidays

Week	Dates	Assignments
0	8/11 – 8/15	Text your teacher your first and last name and your course name. Schedule Welcome Call to get started in the course! Check the “getting started” link found in online courses under Table of Content . Courses have been updated since last year!
1	8/18 – 8/22 <i>Mrs. King out of office 8/21/25</i>	01.01 On Your Best Behavior
2	8/25-8/29	01.02 Ready ... Action! Instant Activity* 01.02 Ready ... Action! *Watch the PE Playlist video instructions in course slide 6 of lesson 1.02 for tutorial and check to make sure you included all information prior to submission for the Instant Activity portion of the assignment .
3	9/1 – 9/5 No school on 9/1	01.03 Give Disease the Dis' Instant Activity 01.03 Give Disease the Dis'
4	9/8 – 9/12	01.04 Planning For Your Health
5	9/15 – 9/19 No school on 9/19	01.05 Tone It Up Project
6	9/22 – 9/26	02.01 Making Movement Instant Activity 02.01 Making Movement
7	9/29 – 10/3	02.02 Sports Skills Instant Activity 02.02 Sports Skills
8	10/6 – 10/10	02.03 Sharpening Skill Concepts Instant Activity 02.03 Sharpening Skill Concepts
9	10/13 – 10/17 No school on 10/13	02.04 Get Skilled Discussion-Based Assessment* Schedule appt 02.05 Get Skilled Exam
10	10/20 – 10/24	03.01 Playing Both Sides Instant Activity 03.01 Playing Both Sides
11	10/27 – 10/31	03.02 Let the Games Begin
12	11/3 – 11/7	03.03 Sports Opportunities Instant Activity 03.03 Sports Opportunities 03.04 In It to Win It Exam
13	11/10 – 11/14 No school on 11/11	04.01 Play It Fair Instant Activity 04.01 Play It Fair

14	11/17 – 11/21	04.02 Play It Cool Instant Activity 04.02 Play It Cool
15	11/24 – 11/28 No School	Thanksgiving Break <i>There will be no live lessons or work due this week. Please use this time to catch up on your course work if you are behind pace.</i>
16	12/1 – 12/5	04.03 Play It Nice Instant Activity 04.03 Play It Nice 04.04 Play Responsibly Discussion-Based Assessment
17	12/8 – 12/12	04.05 Segment Exam All course work is due on Friday, December 12th at 5PM. <i>Once the segment exam, your grade must be issued within 24 hours. All work must be done prior to taking the segment exam.</i>

Teacher Contact Information:

Mrs. King
904-257-3481 text/call
Email kathleen.king@stjohns.k12.fl.us
[Appointment calendar for DBA & Welcome Call scheduling](#)

Course Welcome video:

[Meet Mrs. King and pick up a few tips!](#)

Course DBA Information:

DBAs require a conversation with the teacher via phone or Zoom.
Schedule when they appear on the pace chart and then you may continue working.