PE Grade 7/8

Mrs. King, Spring 2026

This is an elective course. No Live Lessons.
Open Office 12:00-12:30 M-TH

Please see page 2 for NEW DBA requirements based on student enrollment type

Teacher Information:

Mrs. Kathleen King
(904) 257-3481 M-F 8 am-8pm
kathleen.king@stjohns.k12.fl.us   (email)
https://sjcsd-us.zoom.us/my/kingclass   (zoom link)
Appointment Calendar (booking page)

Week	Dates	Assignments
1	1/5 – 1/9 *You must complete the <u>first 2</u> assignments & welcome call before I can activate you!*	☐ ****Text me your first and last name and your course**** ☐ Schedule a Welcome Call HERE (new students or new courses only!) ☐ 01.01 On Your Best Behavior
2	1/12 – 1/16	☐ 01.02 Ready ... Action! Instant Activity* ☐ 01.02 Ready ... Action! *Watch the PE Playlist video instructions in course slide 6 of lesson 1.02 for tutorial and check to make sure you included all information prior to submission for the Instant Activity portion of the assignment.
3	1/19 – 1/23 *No school on 1/19*	☐ 01.03 Give Disease the Dis' Instant Activity ☐ 01.03 Give Disease the Dis'
4	1/26 – 1/30 *I will not be available Thursday or Friday.*	☐ 01.04 Planning For Your Health
5	2/2 – 2/6	☐ 01.05 Tone It Up Project
6	2/9 – 2/13 *No school on 2/13*	☐ 02.01 Making Movement Instant Activity ☐ 02.01 Making Movement
7	2/16 -2/20 *No school on 2/16*	☐ 02.02 Sports Skills Instant Activity ☐ 02.02 Sports Skills
8	2/23 – 2/27	☐ 02.03 Sharpening Skill Concepts Instant Activity ☐ 02.03 Sharpening Skill Concepts

9	3/2 – 3/6	☐ 02.04 Get Skilled Discussion-Based Assessment* **Flex students:** Schedule a phone call using the [Appointment Calendar Link](#) **Full-time students:** If in good academic standing, you can submit this assignment with your current % complete and grade % from grade report and I will exempt you and send password. 02.05 Get Skilled Exam*password given after DBA
10	3/9 – 3/13 *No school on 3/13*	☐ 03.01 Playing Both Sides Instant Activity ☐ 03.01 Playing Both Sides
	3/16 – 3/20	*Spring Break Use this time to catch up if you are behind pace!*
11	3/23 – 3/27	☐ 03.02 Let the Games Begin
12	3/30 – 4/3 *No school on 4/3*	☐ 03.03 Sports Opportunities Instant Activity ☐ 03.03 Sports Opportunities ☐ 03.04 In It to Win It Exam* **text for password**
13	4/6 – 4/10	☐ 04.01 Play It Fair Instant Activity ☐ 04.01 Play It Fair
14	4/13-4/17	☐ 04.02 Play It Cool Instant Activity ☐ 04.02 Play It Cool
15	4/20 – 4/24	☐ 04.03 Play It Nice Instant Activity ☐ 04.03 Play It Nice * Schedule DBA All students see below/page 2
16	4/27 – 5/1	☐ 04.04 Play Responsibly Discussion-Based Assessment **Flex students:** Schedule a phone call using [Appointment Calendar Link](#) **Full-time students:** Schedule a zoom meeting time using the [Appointment Calendar Link](#) for this DBA. Be prepared to have your camera on. https://sjcsd-us.zoom.us/my/kingclass
17	5/4 – 5/8	**04.05 Segment Exam** *Once the segment exam, your grade must be issued within 24 hours. All work must be done prior to taking the segment exam.* **All coursework is due for Full-time SJVS Seniors by 5/8 (including segment exam)**
18	5/11 – 5/15	**All Full-Time SJVS coursework is due by 5/15 (including segment exam)**
19	5/18 – 5/22	Grades will be issued to school **School Year officially ends 5/29/25**

DBA Information:

A "Discussion Based Assessment (DBA)" is a time for the students to share what they have learned in the module with the teacher. Students may use notes, but should not receive any additional support from another person (parent, guardian, tutor, sibling, friend, etc.). Be sure to book your DBA time [HERE](#).

DBA requirements are based on enrollment status:

Student Type	DBA Requirement
Full-time	Must attend a zoom meeting with the camera on to complete the required DBA. Students will book their DBA time using the booking site. Be prepared for your DBA to take about 10 minutes. Some Module DBAs will be exempt if the student is in good academic standing and is on Pace.
Flex (Part-Time)	Must complete all DBAs. DBAs will be via phone call. Book your DBA using the booking site.